What is claimed is:

- A tampon applicator comprising:

 an insertion member adapted to house an absorbent tampon and receive a plunger;
 said insertion member having an outer surface and a fingergrip region disposed about
 said outer surface;
 said fingergrip region comprising an indention region having a depth dimension X;
 said indention region comprising raised portions having a height dimension Y;
 said height dimension Y being less than or equal to said depth dimension X.
- 2. The tampon applicator according to Claim 1 wherein said tampon applicator is comprised of paper.
- 3. The tampon applicator according to Claim 1 wherein said depth dimension X is from about 1 mm to about 10 mm.
- 4. The tampon applicator according to Claim 1 wherein said height dimension Y is from about 0.1 mm to about 10 mm.
- 5. The tampon applicator according to Claim 1 wherein the tampon applicator is comprised of plastic.
- 6. The tampon applicator according to Claim 1 wherein the indention region has a shape selected from the group consisting of oval, circular, rectangular, trapezoidal, triangular, hemispherical and mixtures thereof.
- 7. The tampon applicator according to Claim 1 wherein the raised portions have a shape selected from the group consisting of ovals, circles, rectangles, trapezoids, triangles, cones, alphabet letters, and mixtures thereof.
- 8. The tampon applicator according to Claim 1 wherein the raised portions are arranged in a pattern.
- 9. A tampon applicator comprising:

an insertion member adapted to house an absorbent tampon and receive a plunger; said insertion member having an outer surface and a fingergrip region disposed about said outer surface;

said fingergrip region comprising an indention region having a depth dimension X; said indention region comprising raised portions having a height dimension Y; said height dimension Y being less than said depth dimension X.

- 10. The tampon applicator according to Claim 9 wherein said tampon applicator is comprised of paper.
- 11. The tampon applicator according to Claim 9 wherein said depth dimension X is from about 2 mm to about 5 mm.
- 12. The tampon applicator according to Claim 9 wherein said height dimension Y is from about 0.2 mm to about 5.0 mm.
- 13. The tampon applicator according to Claim 9 wherein the raised portions are arranged in a pattern.
- 14. The tampon applicator according to Claim 9 wherein the patterns are selected from the group consisting of flowers, ovals, circles, rectangles, trapezoids, triangles, cones, alphabet letters, and mixtures thereof.
- 15. A tampon applicator comprising:

an insertion member adapted to house an absorbent tampon and receive a plunger; said insertion member having an outer surface and a fingergrip region disposed about said outer surface;

said fingergrip region comprising an indention region having a depth dimension X; said indention region comprising raised portions having a height dimension Y; said height dimension Y being less than or equal to said depth dimension X; wherein said tampon applicator is comprised of paper.

- 16. The tampon applicator according to Claim 15 wherein said depth dimension X is from about 2.5 mm to about 3.5 mm.
- 17. The tampon applicator according to Claim 15 wherein said height dimension Y is from about 0.5 mm to about 2.5 mm.
- 18. The tampon applicator according to Claim 15 wherein the indention region has a shape selected from the group consisting of oval, circular, rectangular, trapezoidal, triangular, hemispherical and mixtures thereof.
- 19. The tampon applicator according to Claim 15 wherein the raised portions have a shape selected from the group consisting of ovals, circles, rectangles, trapezoids, triangles, cones, alphabet letters, and mixtures thereof.
- 20. The tampon applicator according to Claim 15 wherein the raised portions are arranged in a pattern selected from the group consisting of flowers, ovals, circles, rectangles, trapezoids, triangles, cones, alphabet letters, and mixtures thereof.